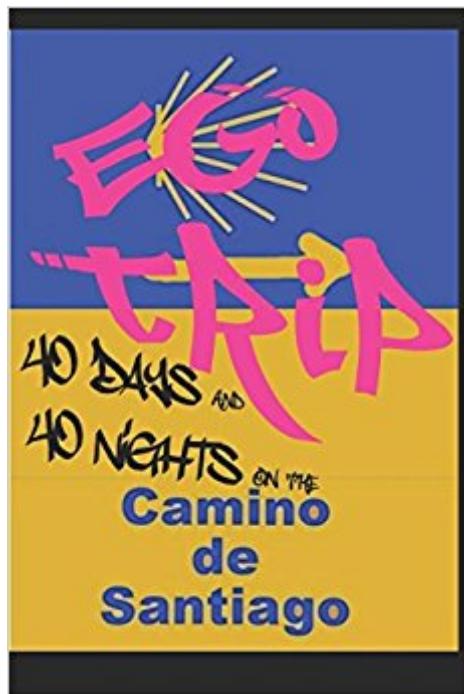


The book was found

Ego Trip: 40 Days And 40 Nights On The Camino De Santiago



Synopsis

There was no good reason for walking out of my job, abandoning my apartment, and taking to life on the road — unless I remember that I began my journey as a committed Atheist, but that's not how I ended it. Ego Trip takes you from the French Pyrenees to the city of Santiago de Compostella in north-western Spain. It takes you from rowdy parties in Navarra and La Rioja to the pilgrim meals of Galicia. It takes you from the place where I began walking away from my life to the place where I began walking towards it. On the 1st October 2016 I quit my life in Dublin and began walking the Camino de Santiago. I began in the company of new found friends as we travelled through lands made famous by Hemingway, Basque culture, and the best wine on earth. Over the following weeks, the gang broke up and I found myself alone in the Meseta, the long, straight Roman road through the Spanish desert. It was out there that my reasons for coming on the Camino became clear. I had not been driven into this wilderness by an aimless life; I had been summoned there to hear the truth about myself. When I left the Meseta and climbed the mountains into Galicia it was with a new understanding, and a new life. This is a book for anyone interested in the Camino - those who have walked it, those who are thinking of walking it, and those who think they never will. It is also a book for those who feel that they have stopped in life, but know that there is further to go if only there was an arrow pointing the way...

Book Information

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Customer Reviews

I was surprised by this wonderful book. Before and after I walked the Camino de Santiago, I have read many books about this pilgrimage and this was one of the best. The author is brutally honest

about himself and also gives wonderful descriptions of the Camino itself. Usually I don't recommend that people about to walk the Camino read a lot of books about it first, but I really think this one was special. Thank you Paul McGranaghan, for sharing your Camino.

An excellent and retrospective book full of the author's inner journey along the Camino Frances. Having done and written a book on the camino ingles myself (The Camino Ingles: 6 days (or less) to Santiago) I was very interested in what transpires in your mind and spirit along a much longer camino. This is not a guidebook. but a personal memoir to the transformation that occurs along the Way. I hope your spirit continues to heal and grow, buen camino for life, my pilgrim "friend".

I appreciated this view of the camino as it is less about the road and more about the internal Way. Well written and enjoyable.

One of the "more" real accounts of walking the Camino I have read. I suspect that there is much, much more to Paul McGranahan's story. The type face in the book is odd, however, and small. Once I got used to it, I was fine. I truly appreciated the Irish humor (humour) as well so Ego Trip was worth the time to read and brought my own Camino to life again.

I have read many books about the Camino, and the pilgrims who have walked it. I have been soaking up information from many sources since I will soon be walking it myself. This book is different. The author captured my adventurous spirit and took me with him through the honest and raw emotions of walking across this beautiful country. His descriptions were vividly colorful, which often made me laugh at how perfectly he framed it. EGO TRIP was inspiring, motivating and gently awoke my own boxed sentiment. Thank you Paul, I loved your book! - Annette T. -Phoenix Az., USA

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